

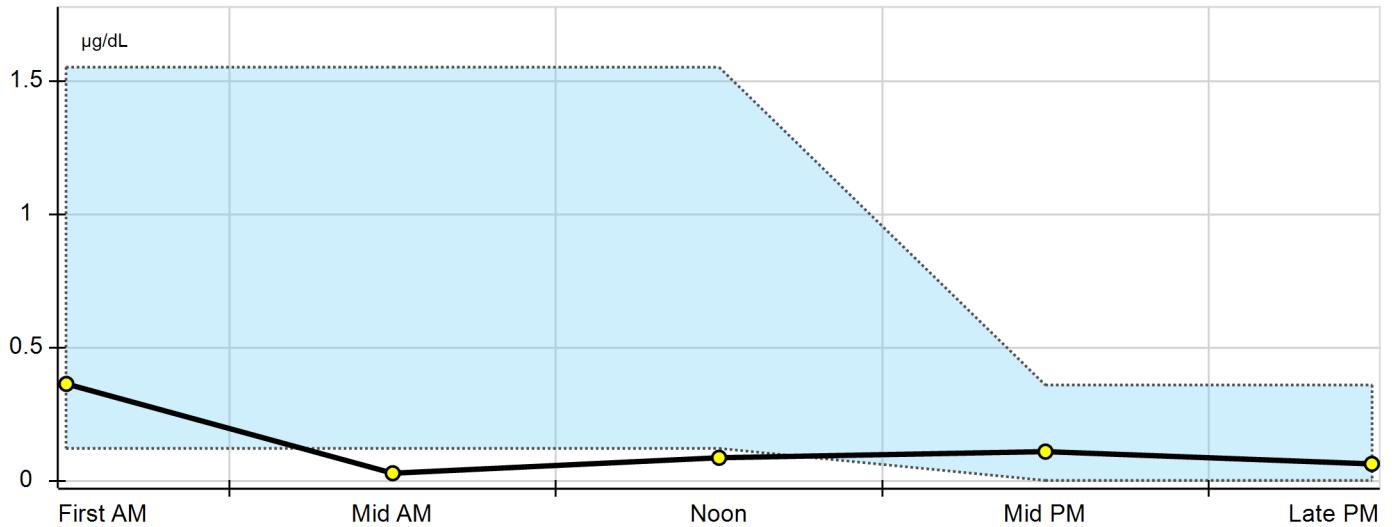
Patient Information

Name: Sample, Eric
Date Of Birth: 8/14/1975
Gender: M
Lab ID: 145849
Test Date: 6/27/2012

Physician: Sample Physician

Adrenal Stress Test

Cortisol



First AM
0.364 µg/dL
Reference Range 0.122 - 1.551 µg/dL

Mid AM
0.029 µg/dL
Reference Range 0.122 - 1.551 µg/dL
L

Confirmed by Repeat Analysis

Noon
0.087 µg/dL
Reference Range 0.122 - 1.551 µg/dL
L

Mid PM
0.110 µg/dL
Reference Range 0.003 - 0.359 µg/dL

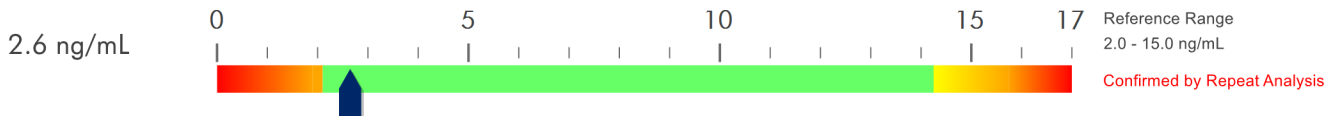
Late PM
0.064 µg/dL
Reference Range 0.003 - 0.359 µg/dL

These laboratory results are not intended to diagnose a disease state. The performance characteristics of all assays have been verified by Cell Science Systems, Corp. All information provided only as a suggested guideline and is not a substitute for professional medical advice, diagnosis or treatment.

Cortisol Commentary

First AM	Your early morning cortisol level is within the reference range denoting normal adrenal functioning associated with peak circadian activity. If this number is within normal range and you have complaints of fatigue and/or other adrenally-associated symptoms, your adrenal gland reserve may be compromised.
Mid AM	Your mid-morning level is lower than the reference range. A lower than normal mid-morning cortisol generally indicates a lower reserve and potential for adrenal crisis under certain situations. You may be at a higher risk for a health crisis based on stressful situations in your life.
Noon	Your noon cortisol level is below the reference range. This reflects some degree of poor functioning in regard to adaptive response. Adrenal reserve is lessening.
Mid PM	Your late afternoon level is within the reference range. This indicates that the adrenals are not being adversely affected by glucose levels and have normal functioning with reserve.
Late PM	Your level is within the reference range. This indicates that the baseline circadian rhythm is normal.

DHEA-S



DHEA-S Commentary

Your DHEA level is within the reference range reflecting that you have an appropriate level of DHEA necessary for metabolism of protein, carbohydrates, fats and proper glycemic control. Levels of DHEA decrease with age.

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